**Telemedicine for Voice Disorders**

**Effective:** Effective treatment of voice disorders requires therapists with experience and specialized therapy skills — skills not readily available in many communities. Telemedicine provides access to voice therapists with the experience and skill necessary for effective results.

**Easy:** Using simple online video connections, treatment is brought right to your home or office computer. Just like face-to-face

**Efficient:** Telemedicine eliminates the cost and time of travel. Treatment occurs at the most convenient times.

**Individualized:** Each telemedicine treatment can be recorded. Patients review the therapy and any special instructions from their own computer, anytime day or night.

**Customized:** Telemedicine creates a partnership between you and our voice specialists. You share information about different situations and practice ways to maximize how to most effectively use your voice.

**Quality:** The Voice & Swallowing Center is the most experienced facility in Maine for evaluation and treatment of voice. Our therapists are frequent presenters at national conferences and teach university courses on voice and swallowing disorders. For more information about our quality, go to www.mainespeechtherapy.org.

**Bottom Line:** Services are provided that get the job done more quickly, more accurately, and more effectively, which means less cost and time to the patient.

Contact us for more information at 207-338-9349 or email at speech@wcgh.org

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**Telemedicine & Voice Therapy**

*Telemedicine is the delivery of health services using computers and video connections to provide access to people in areas without specialized services or to reduce cost and time traveling for services.*

“Thank you so much! After 3 long months I finally have my voice back. The therapists were very courteous, professional and kind.”

A.L. Cumberland, ME

“I ‘connected’ unsure of what to expect and ‘signed off’ understanding. That in itself is a lot of help. I now have ways to cope and know where to go if I need help.”

M.S. Lewiston, ME

“The therapist was wonderful! She was very professional and articulate. She was thorough and did an excellent job of communicating with me and explaining my voice issues.”

J.J. Presque Isle, ME

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**Waldo County General Hospital**

The Voice & Swallowing Center of Maine

P.O. Box 287

118 Northport Avenue

Belfast, ME. 04915

207-338-9349

speech@wcgh.org

www.mainespeechtherapy.org

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**Maine’s First Telemedicine Voice Treatment**

**Effective**

**Accessible**

**Proven Results**

**Voice Treatment**

Where you live.
Where you work.

**Voice & Swallowing Center of Maine**

Waldo County General Hospital
Belfast, ME
207-338-9349
www.mainespeechtherapy.org
**Voice Therapy & Telemedicine**

Telemedicine uses computers to connect individuals to voice and swallowing therapy from a distance.

Our therapists connect with you in your home, or workplace to provide voice & swallowing therapy. You and the therapist actually see and talk to each other in real time.

Our teletherapy offers "live" interactive face to face therapy and consultation using your own computer in your home or office.

There are many kinds of voice and swallowing therapy available using telemedicine:

- therapist to patient for direct treatment,
- therapist to therapist for training and patient consultation,
- therapist to physician consultation,
- therapist training and consultation to nurses in home health care for swallowing disorders.

Other specialized services include:

- When Your Voice Means Success! Professional voice training for business.
- Web based storage/retrieval of all treatment sessions for patient/family playback and review.
- LSVT voice therapy/Parkinson's Disease
- Digital Laryngeal Stroboscopy.
- Review vocal fold examinations online.
- Workshops – Training – Consultation.
- Voice Therapy & Evaluations.

**Effectiveness**

Many studies are available proving speech telemedicine is as effective as face to face. When properly used, the results are the same.

**Equipment**

You will need your computer with a high speed connection (i.e. Verizon DSL, Road Runner or cable) and a web camera. Many computers have webcams built in. If you don’t have a web cam, one can be inexpensively purchased. We’ll provide instructions for web cam set up and connection. The online connection to your therapy session is made through our secure online video conferencing service. We’ll email you a “link” so you can connect in “one easy click.”

There is NO COST for telemedicine voice therapy online connections.

Contact us to find out about a FREE demonstration.

**Payment**

Waldo County General Hospital is fully approved by the State of Maine (MaineCare) to provide telemedicine.

Other insurances may also pay for telemedicine.

**Skilled Therapists**

This is not typical speech therapy. Our therapists are the most skilled and experienced in Maine providing telemedicine and are recognized nationally for their clinical expertise. They have the experience, training, skill and success to deliver telemedicine treatment that is personal and effective.

**Results Matter**

Patients treated at the Voice and Swallowing Center are on average discharged after 4 to 6 treatment visits. Nationally, voice therapy visits range from 8 to 16 visits.

Each patient evaluates their results at the Voice & Swallowing Center. Data consistently shows people are highly satisfied with the results of their treatment at the Voice & Swallowing Center.

Recent satisfaction results are shown below.